

■ MAY 2022 PRICES IN BLACK

■ FEB. 2024 PRICES IN RED



	Aldi	Food Lion	Harris Teeter	Publix	The Fresh Market
Celery	\$1.59 / \$1.39	\$1.69 / \$1.99	\$2.29 / \$2.49	\$2.14 / \$2.49	\$2.99 / \$2.99
Cucumber	\$0.59 / \$0.59	\$0.89 / \$0.69	\$0.79 / \$0.99	\$0.79 / \$0.89	\$1.99 / \$0.89 (organic)
Cauliflower head	\$2.39 / \$2.79	\$2.69 / \$2.89	\$4.29 / \$5.49	\$3.49 / \$3.29	\$3.99 / \$3.99
Butter (Land of Lakes, 4 sticks)	\$3.18 / \$3.69 (Brand alternative)	\$7.39 / \$7.79	\$7.49 / \$8.99	\$6.49 / \$7.51	\$6.99 / \$7.99
Eggs (Dozen large)	\$2.38 / \$2.78	\$2.89 / \$1.59	\$1.29 / \$1.99	\$3.69 / \$4.41	\$3.49* / \$5.49
Eggs (Dozen large, cage free)	NA / NA* (\$2.99)	\$3.99 / \$2.99	\$3.49 / \$4.69	\$2.69 / \$4.59	\$3.49 / \$4.99
Cheerios (12 oz.)	\$3.49 / \$1.65 (Brand alternative)	\$4.49 / \$5.29	\$4.99 / \$5.79	\$4.99 / \$6.19	\$4.99 / \$6.29
Ground Beef (80% lean, 1 lb)	\$4.19 / \$3.99	\$5.79 / \$4.99	\$3.99 / \$6.99	\$6.49 / \$5.99	\$5.99 / \$5.99
Heinz ketchup (20 oz.)	\$1.49 / \$1.95 (Brand alternative, 38 oz.)	\$2.88 / \$3.49	\$3.29 / \$3.99	\$2.89 / \$7.99	\$4.49 / \$5.99 (32 oz.)
Laughing Cow cheese	\$2.99 / \$2.99 (Brand alt.)	\$4.49 / \$7.99	\$4.99 / \$5.99	\$4.19 / \$4.19	Not available* NA / \$4.19
Nestle Toll House choc. chips (12 oz.)	\$2.48 / \$2.98	\$3.58 / \$6.29 (Brand alternative)	\$3.79 / \$3.99	\$3.55 / \$3.75	\$3.99 / \$3.99
Tuna Bumble Bee solid white in water (5 oz.)	\$1.39 / \$1.39 (Brand alternative)	\$2.28 / \$2.48	\$2.19 / \$2.29	\$2.24 / \$1.97	\$3.49 / \$5.99 (4 oz brand alternative)
Milk (1 gallon)	\$3.32 / \$2.61	\$3.59 / \$2.89	\$2.89 / \$2.79	\$3.39 / \$4.19	\$3.89 / \$8.99
Jif peanut butter (16 oz.)	\$1.49 / \$1.89 (Brand alt., 18 oz.)	\$2.89 / \$3.99	\$2.99 / \$3.69	\$2.43 / \$3.35	\$3.29 / \$3.49
May '22 TOTAL	\$38.47	\$49.53	\$48.76	\$49.46	\$58.26
Feb. '24 TOTAL	\$33.68	\$55.35	\$60.16	\$60.80	\$71.26

* Cage free eggs were not available at Aldi and the lowest price at another store was used to compute the Aldi total;
also Laughing Cow cheese is not available at The Fresh Market and the lowest price at another store was used to compute The Fresh Market total.